

SYLLABUS

1. Course title:

TRADITIONAL MEDICINE

2. Code:

3. Cycle of study:

4. ECTS credits:

5. Type of course:

☐ Mandatory ☒ Elective

6. Prerequisites:

Student does not have to pass any subject before this.

7. Class restrictions:

No restrictions

8. Duration / semester:

9. Weekly contact hours:

9.1. Lectures:

2

9.2. Seminars:

0

9.3. Laboratory/Practice classes:

0

10. Faculty:

Faculty of Pharmacy

11. Department/study program:

Pharmacy (integrated I and II cycle)

12. Lecturer:

dr. sc. Ermina Cilović Kozarević, assoc. prof.

13. Lecturer's e-mail:

ermina.cilovic@untz.ba

14. Web site:

www.frmf.untz.ba

15. Course aims:

Get to know traditional methods of treatment (acupuncture, acupressure, ayurveda, aromatherapy) that have remained in the world until today. Then familiarization with the traditional medicine of BiH and the Balkan Peninsula, with the most common indications and examples of recipes for the purpose of treating them.

16. Learning outcomes:

After listening to the lectures, students will be able to determine the difference between traditional medicine and quackery and acquire the basics of education about traditional methods such as acupuncture, Ayurveda, aromatherapy.

17. Course content:

Division of medicine into complementary, alternative and traditional
Traditional Chinese Medicine
Acupuncture, acupressure
Traditional Indian Medicine (Ayurveda)
Aromatherapy
Traditional medicine of Bosnia and Herzegovina and other countries of the Balkan Peninsula
Methods of work in traditional medicine (interview method, collection and identification of materials and data processing)
The most common indications in the traditional medicine of Bosnia and Herzegovina and the Balkan Peninsula
Examples of recipes used in the traditional medicine of Bosnia and Herzegovina and the Balkan Peninsula
Seminars.

18. Learning methods:

Lectures (P)-Method of presentation, perception, conversation, consultation

Students are required to attend lectures and actively participate in them through discussion, based on the acquired knowledge from the lectures.

The student's seminar work is a mandatory group team project.

19. Assessment methods:

Knowledge testing methods: final exam, seminar paper. The final exam is written and/or oral in the scheduled exam times and contains essay questions, questions with short answers, and questions with multiple choice answers. Topics for seminar papers are assigned by the teacher at the beginning of the semester. Seminar papers are done in groups and defended publicly during lectures.

The exam grade is determined according to the following scale:

Student obligations Points

Seminar paper 50 (minimum 28 points)

Final test 50 (minimum 27 points)

20. Assessment components:

The final success of the student is evaluated using the grading scale as follows:

10 (A) - outstanding performance without errors or with minor errors, 95-100 points

9 (B) - above the average, with some errors, 85-94 points

8 (C) - average, with noticeable errors, 75-84 points

7 (D) - generally good, but with significant shortcomings, 65-74 points

6 (E) - meets the minimum criteria, 55-64 points

5 (F, FX) - does not meet the minimum criteria, below 55 points

The grade 6 (E) is the lowest passing grade.

21. Required reading list:

1. Šarić-Kundalić B (2010). Traditional Medicine of the Balkans with Identification and Examination of the Collected Material, Dissertation, University of Vienna (1-94)

2. Hoare Joanna (2009). Aromatherapy.

22. Web sources:

<https://arapska-medicina.hr/cupping-terapija.html>

<https://www.tcmdrwang.com/tcm>

23. Applicable starting from the academic year:

2018/19

24. Adopted in the Faculty/Academy session:

17.11.2025.