SYLLABUS

1. Course title:

Performing arts skills II Course: Elements of acrobatics.

2. Code:

PAS II

3. Cycle of study:

1

4. ECTS credits:

2

5. Type of course:

○ Mandatory ◉ Elective

6. Prerequisites:

Filled preexamination activities in semester examinations of work: PAS II

7. Class restrictions:

Only students of the study program-sections Acting

8. Duration / semester:

1 2

9. Weekly contact hours:

9.1. Lectures:	1
9.2. Seminars:	1
9.3. Laboratory/Practice classes:	

10. Faculty:

Academy of Dramatic Arts

11. Department/study program:

Production

12. Lecturer:

13. Lecturer's e-mail:

14. Web site:

15. Course aims:

- Elements of acrobatics.
- Elements of acrobatic skills.
- Complex acrobatic exercises.

16. Learning outcomes:

To become aware of the process of acquiring, stamina and courage to perform acrobatic skills for skills recognition and evaluation of physical acting artistic resources on their own experience. Master basic acrobatic elements Batik (in accordance with each), for further statics corrections to eliminate the body from the base out lacks physical life experience.

17. Course content:

Module I: Elements of acrobatic skills.

First acrobatic skills
2nd Preparatory attitudes
3.The discs
Fourth bridge (with four, three and two supports)
5th star
6th cartwheel
7th Handstand and stand on his head

Semester examination work.
Display, analysis and evaluation of the election program modules and in studio conditions against the teacher and aides.

Module II: The complex acrobatic exercises.

8th Salta
9th skip
10th jumps on trampolines.
11th Padua (individual and with the help of partners)
12th Padua with set design elements
13th Figures
14th Pick-up, transfer and lowering (partners, objects, plants and animals)
15th recap material

Semester final exams.
Publicly display, analysis and evaluation of the election program of the college semester, the professional theater conditions, before the commission audience with video recording.

18. Learning methods:

Teaching methods:
First lectures, and workshops.
2. Practical teaching exercises.
3rd Independent work of students.
4th Continuous assessment and skills.
Mentoring principle embodiment:
Interactive teaching and training camp process between student-assistant-professor.
Planned and organized independent work of students in the optimal, study the physical conditions. They like intensity, specificity and precision observations of changes in the students in the research process, it is the constant presence of the professor and assistants in the classroom lectures and exercises.

19. Assessment methods:

Semester final exam
Publicly display, analysis and evaluation of the election program of the college semester, the professional theater conditions, before the commission audience with video recording.
Examination methods:
- Partial semester examination work
- Public semester final exam-examination of labor
- the additional examination semester I and II.

20. Assessment components:

Measure quantity:
Exercise, and optionally proposal students and optionally assistants lasting 3-5 minutes.
Measure load:
Student semester working 3-5 practical classes, different form, on each of these topics.
Professional artistic, educational process:
- Knowledge of figures acrobatic skills.
- Establishment and formation of class as the study group. Work organization, standardization of quantitative, qualitative, ethical
and aesthetic conditions research, acquisition Psychotechnical condition.

21. Required reading list:

1. Branimir Mikić: Osnovi psihomotorike čovjeka, Filozofski fakultet, Tuzla, 2000.god.
2. Branimir Mikić: Psihomotorika, Fakultet za fizičku kulturu, Tuzla, 1999.god.
3. Vilijam Kremer: Nauka i praksa u treningu snage, Data status, 2009.god.
4. Ivan Hmjelovjec: Sportska gimnastika, Fakultet za sport, Sarajevo, 1999.god.
5. Hrvoje Sertić: Relacije nekih motoričkih, antropometrijskih i konativnih varijabli s uspjehom u borbi, brzinom učenja i kvalitetom izvođenja tehnike bacanja u judu, Fakultet za fizičku kulturu, Zagreb, 2000.god.
6. Lj. Lazarević: Psihološke osnove fizičke kulture, NK-Partizan, Beograd, 1987.god.
7. Michael Chexhov: TO THE ACTOR , Harper and Brothers, New York , 1953.
8. Doc.dr.sc. Kamenka Živčić i mr.sc. Tomislav Krističević: Specifične pripremne vježbe u akrobatici, Kondicijski trening, volumen 6, broj 1, stranica 22-29, Zagreb, 2008.god.

Preporuku i prioritet literature prema programima semestara modula i kolegija studija određuju nastavnici glavnog nastavno-umjetničkog predmeta Scenske umjetničke vještine I- IV.

22. Web sources:

23. Applicable starting from the academic year:

2013/ 14.

24. Adopted in the Faculty/Academy session:

19. 06. 2013.