SYLLABUS

1. Course title:

Scenes Artistic Skills II, Course: Acrobatics.

2. Code:

SAS II

3. Cycle of study:

1

4. ECTS credits:

2

5. Type of course:

○ Mandatory ◉ Elective

6. Prerequisites:

Completed Preliminary Obligations - semestar examinations of work: SAS II

7. Class restrictions:

Students of the study program of the Acting

8. Duration / semester:

1 2

9. Weekly contact hours:

9.1. Lectures: 1

9.2. Seminars: 1

9.3. Laboratory/Practice classes:

10. Faculty:

Academy of Dramatic Arts

11. Department/study program:

Acting

12. Lecturer:

13. Lecturer's e-mail:

14. Web site:

15. Course aims:

- Acrobatics.
- Elements of acrobatic skills.
- Complex acrobatic exercises.

16. Learning outcomes:

To become of the process of acquiring fitness and courage to perform acrobatic skills. Introduce the ability to concentrate attention to prepare acrobatic skills.

17. Course content:

Module I: Elements of acrobatic skills.

1. Acrobatic Skills
2. Preparatory Attitudes
3. Acrobatic forward somersault
4. Bridge (with four, three and two supports)
5. Star
6. Somersaults
7. Stand on your hands and stand on your head

Semester Overview I. Presentation, analysis and evaluation of Module I program selection in study conditions in front of the teacher and associates.

Module II: Complex acrobatic exercises.

8. Acrobatic somersault
9. Acrobatic jumps
10. Trampoline jumps.
11. Acrobatic fall (individual and with the help of a partner)
12. Acrobatic fall (with elements of scenography)
13. Acrobatic elements - figures
14. Raising, transferring and lowering
15. Recapt material

Semester Final Exam. Public presentation, analysis and evaluation of the college semester in professional theater conditions, in front of the commission, audience, with video recording.

18. Learning methods:

Teaching methods: Lectures, and consultations. Practical teaching-exercises. Independent work of students Continuous assessment of knowledge and skills.
Mentoring Principles of Performing: Interactive Teaching and Exercise Process on Student-Assistant-Professor Relationships. Planned and organized independent work of students in optimal professional, study and technical conditions. For the intensity, specificity and precision of observing changes in students in the research process, planned attendance of professors and assistants are required on rehearsals of independent final work.

19. Assessment methods:

Semester final exam
Public presentation, analysis and evaluation of the college semester in professional theater conditions, in front of the commission, audience, with video recording.
Knowledge assessment methods:
- Partial semester examination of work
- Public semester final exam-examination of labor
- Semestral correction exams I and II.

20. Assessment components:

Volume measure:
Exercise, and optionally proposal students and optionally assistants lasting 3-5 minutes.
Load Measure:
Student semester working 3-5 practical classes, different form, on each of these topics.
Professional-artistic, pedagogical process:
- Application of the acrobatics skills.
- Establishing and forming a class as a study group. Organization of work, standardization of quantitative, qualitative, ethical and aesthetic conditions of research, acquisition of psycho-physical condition.

21. Required reading list:

1. Branimir Mikić: Osnovi psihomotorike čovjeka, Filozofski fakultet, Tuzla, 2000.god.
2. Branimir Mikić: Psihomotorika, Fakultet za fizičku kulturu, Tuzla, 1999.god.
3. Vilijam Kremer: Nauka i praksa u treningu snage, Data status, 2009.god.
4. Ivan Hmjelovjec: Sportska gimnastika, Fakultet za sport, Sarajevo, 1999.god.
5. Hrvoje Sertić: Relacije nekih motoričkih, antropometrijskih i konativnih varijabli s uspjehom u borbi, brzinom učenja i kvalitetom izvođenja tehnike bacanja u judu, Fakultet za fizičku kulturu, Zagreb, 2000.god.
6. Lj. Lazarević: Psihološke osnove fizičke kulture, NK-Partizan, Beograd, 1987.god.
7. Michael Chexhov: TO THE ACTOR , Harper and Brothers, New York , 1953.
8. Doc.dr.sc. Kamenka Živčić i mr.sc. Tomislav Krističević: Specifične pripremne vježbe u akrobatici, Kondicijski trening, volumen 6, broj 1, stranica 22-29, Zagreb, 2008.god.

Preporuku i prioritet literature prema programima semestara modula i kolegija studija određuju nastavnici glavnog nastavno-umjetničkog predmeta Scenske umjetničke vještine I- IV.

22. Web sources:

23. Applicable starting from the academic year:

2016/17.

24. Adopted in the Faculty/Academy session:

11.05.2016