SYLLABUS

1. Course title:

Table tennis

2. Code:

3. Cycle of study:

1

4. ECTS credits:

5

5. Type of course:

(●) Mandatory ( ) Elective

6. Prerequisites:

To have attended the III (third) semester, with min.25% points of student pre-requisites

7. Class restrictions:

8. Duration / semester:

15 I

9. Weekly contact hours:

9.1. Lectures:	3
9.2. Seminars:	0
9.3. Laboratory/Practice classes:	1

10. Faculty:

Physical education and sport

11. Department/study program:

12. Lecturer:

Dr.sc.Melika Muratović

13. Lecturer's e-mail:

melika.mujezinovic@untz.ba

14. Web site:

www.ftos.untz.ba

15. Course aims:

To introduce a student to the table tennis theory (history and rules).
To introduce a student with the basic tehnique and tactics of table tennis.
To teach students a methodological approach to learning the tehnical elements of table tennis games for quality training of beginners.
Developing students a sense of critical and profesional thinking in the field of table tennis in school, competition and recreational form.

16. Learning outcomes:

To have mastered the theoretical motor skills and skills required for the realization of program content of table tennis in the educational process (physical training) at all levels.
They have mastered the method of training the applied techniques of the technique and the table tennis tactics.
That they are trained to use basic organizational forms (organization of competitions, tournaments, lessons).

17. Course content:

In the theoretical lectures on the subject of table tennis, lessons will be taught that are related to the basic technical-tactical elements of table tennis.Topics relatesd to:history of table tennis,rules, equipment, proofs, teory basic games and tehniques,methods in the trainig of table tennis,striking technique,blowback(spin,cut) service and reception services, table tennis courts,elements of the curriculum in the school,competing systems in table tennis.
As part of the practical exercises, the students will attend the following classes: basic position, holding of the racket (classic and penholder),position of the recruiter on the table tennis(open,closed and neutral) for the beginning of the learning of table tennis, the movement, agility, reaction speed, balance).
Backhand basic return, forehand basic return, forehand counter-attack, backhand counter-attack, forhend block, backhand block, forehand top spin and backhand top spin.

18. Learning methods:

Teaching styles.visual,auditory,kinestetic and lecture teaching methods(theoretical instruction of multimedia resources, active learning and disussion tehniques), practical lessons, colloquial (theoretical and practical).

19. Assessment methods:

In the sixth week there will be the firist check, ie.,a mid-point exam (theoretical, practical).This exam encompasses the material that has been taught until then.The test consists of a number of taska and their number and scoring depend on the difficulty of the task scheduled for exam. The student can achieve a maximum of 17 points (9 theoretical and 8 practical). In the twelfth week, the second mid-point exam is envisaged, encompassing the material taught between the firist and the second exam. This one is scored the same as the firist one.Students of the practical part are required to attend the exercises and training. The final exam consists of practical and written part and all students have the right to go to the final exam regardless of the number of points achieved on the exams. Maximum number of points that the student can win before the final exam is 56. All the points a student earns are summed up, but they are not an obstacle for a student to enter the final exam if the student does not score enough points.If the sum of the points earned on the final exam summed up with the points in mid-term exsams, does not meet the rank of the passing grade,the student has to take the exam in order to again more points and pass the exam.
Ratings are as follows: 0-53 (rating 5)
54-63 (rating 6)
64-73 (rating 7)
74-83 (rating 8)
84- 93(rating 9)
93- 100(rating 10)

20. Assessment components:

Exam rate based on the total number of points is determined according to the following scale:
class attandance max 7
exercises attendence max 7
student activity 8 (theory 3 ,practically 5)
colloquium practice I max 8
colloquium practice II max 8
colloquium theory I max 9
colloquium theory II max 9
final exam Theory max 22
final exam practice max 22

21. Required reading list:

Hudetz, R., (2000) Table Tennis 2000, Kondrić, M., Hudetz, R, Furjan- Mandić, G., (2010) Table Tennis Principles, Kondrić, M. (2007) Table Tennis Handbook.

22. Web sources:

www.ittf.com
www.ettu.org

23. Applicable starting from the academic year:

2015/2016

24. Adopted in the Faculty/Academy session:

(max. 10 char.)