SYLLABUS

1. Course title:

Handball 2

2. Code:

(max. 20 characters)

3. Cycle of study:

1

4. ECTS credits:

4

5. Type of course:

(●) Mandatory ( ) Elective

6. Prerequisites:

Comleted the III SEMESTER with min.25% students prepaiment points

7. Class restrictions:

8. Duration / semester:

15 I

9. Weekly contact hours:

9.1. Lectures:	2
9.2. Seminars:	0
9.3. Laboratory/Practice classes:	2

10. Faculty:

Phiscal education and sport

11. Department/study program:

regular

12. Lecturer:

Dr.sc.Melika Muratović

13. Lecturer's e-mail:

melika.mujezinovic@untz.ba

14. Web site:

www.untz.ba

15. Course aims:

1. To adopt the basics of handball tactisc in offents (individual, group, team).
2. To adopt the basics of handball tactisc in defence (individual, group, team).
3. To master the basic skills by training the elements of handball tactics.
4. To master the basic terminogli in handball pratice.
5. Realize intoactive ealkboration between students, tachers, asistant.
6. Rules of handball game, tournement competition, handball scholl, organization.

16. Learning outcomes:

To describe the elements of handball tactics defence and attack (individual,group,team).
Describe the methodology of the adaption process of handball tactics.
Identity the causes of errors tactics.

17. Course content:

Through the theoretical part of the lecture will be presented defence and offence tactics play. Methods of teaching and practicing elements of tactics. Specificity of training metodology and training operators in tehnique tactics, canditianing, and psychosocial preparation in relation to sex and age. Applictian and implementation of diagnostic state control, training of sports forms and training effects. Presentation of metods procedures and training operators for developonent and transformation of motor skills dominant for success in handball.
Analize the preper implementation of individual tactical elements of tactics. Goalkeeper tactics.As part of practical exerses to present and themes of tactics:individual,offence-tactics, group defence tactics, group blocks,cooperatian of players.Team defence tactics(individual,zone defence,cambined,player less and more.Individual tactics offence,group team offence,fast breaks,positian offence,player less and more.

18. Learning methods:

Learning styles incorporated in class: visual, auditory, kinesthetic. Teaching methodology: lectures (theory explained through multimedia, methods of active participation and discussion) , seminar groups, mid - term exams (theory and practice).

19. Assessment methods:

A mid - term exam that includes theory and practice is done during the sixth week, and includes all the materials covered up to that week. The exam consists of a certain number of questions whose level of difficulty and number of points depend on the load of the mid - term exam. The maximum number of points for this exam is 17 (9 points for theory, and 8 for practical part). The second mid - term exam is to be done during the twelfth week, and includes all the materials covered after the first mid - term exam. As for the practical part, the student is required to attend a sports training, and create a plan for a sports training preparation. For each of these two assessements, students can get up to seven points. The final exam consistes of practical and theoretical part. Regardless of the pre - exam points, all students are eligible to sit the final exam. The maximum number of pre - exam points is 64. In case of not getting the minimum number of points, students wil have to re - sit the final exam. The points from the final exam are added to the pre - exam points and students are assesses according to the following ranking list:

Points	Grade
0-53	5 (F)
54-63	6(E)
64-73	7(D)
74-83	8(C)
84-93	9(B)
94-100	10(A)

20. Assessment components:

The final grade consisting of all the acquired points is calculated to the following scale:
Class participation - max. 7 points
Seminar groups participation - max. 7 points
Student participation - theory 3 points, practical work 5 points
Practice mid - term 1 = max. 8 points
Practice mid - term 1 = max. 8 points
Theory mid - term 1 = max. 9 points
Theory mid - term 1 = max. 9 points
The final exam - theory = max. 22 points
The final exam - theory = max. 22 points

21. Required reading list:

Šimenc (1998) The basics of handball tactics, Malić, Z. (1999) Handball bench view. . Tomljanovic, V., Malic, Z. (1982) . Handball theories and practice. Zvonarek, N., Žufar, G. (2006). Ahmetović (2007) Handball-Tactics,

22. Web sources:

www.ihf.com
www.ehf.com

23. Applicable starting from the academic year:

2015/2016

24. Adopted in the Faculty/Academy session:

(max. 10 char.)