

SYLLABUS

1. Course title:

INTRODUCTION TO COSMETOLOGY

2. Code:

3. Cycle of study:

4. ECTS credits:

5. Type of course:

6. Prerequisites:

7. Class restrictions:

8. Duration / semester(s):

9. Weekly contact hours and student workload:

	Semester (1)	Semester (2)	(for two-semester courses)	Workload: (hours)
	<input style="width: 40px; height: 20px;" type="text" value="I"/>	<input style="width: 40px; height: 20px;" type="text"/>		
9.1. Lectures	<input style="width: 40px; height: 20px;" type="text" value="2"/>	<input style="width: 40px; height: 20px;" type="text"/>		Classes: <input style="width: 40px; height: 20px;" type="text" value="22.5"/>
9.2. Seminars	<input style="width: 40px; height: 20px;" type="text" value="0"/>	<input style="width: 40px; height: 20px;" type="text"/>		Individual work: <input style="width: 40px; height: 20px;" type="text" value="80.17"/>
9.3. Laboratory / Practice classes	<input style="width: 40px; height: 20px;" type="text" value="0"/>	<input style="width: 40px; height: 20px;" type="text"/>		In total: <input style="width: 40px; height: 20px;" type="text" value="102.6"/>

10. Faculty:

Faculty of Pharmacy

11. Department/study program:

Cosmetology

12. Lecturer:

PhD. Merima Ibišević, assistant professor

13. Course aims:

- To provide students with a foundational understanding of cosmetology as a scientific discipline and its practical applications in everyday life.
- To equip students with knowledge about the functions and types of cosmetic products, including their ingredients and

formulations.

- To develop the ability to evaluate and select appropriate cosmetic products based on different skin types and individual needs.
- To introduce students to key safety, ethical, and legal considerations within the cosmetics industry.
- To provide insights into current trends and ongoing research in the field of cosmetology.

14. Learning outcomes:

Upon completion of this course, students will be able to:

- understand the basic principles of cosmetology and its connection with other scientific disciplines;
- know the anatomy and physiology of the skin, as well as the influence of external factors on skin health;
- distinguish between types of cosmetic products and understand the basic principles of their formulation and production;
- analyze the ingredients of cosmetic products, their functions, benefits and potential health risks;
- know appropriate techniques in the application of cosmetic products, taking into account skin type and specific needs of the user;
- understand ethical and legal regulations in the cosmetic industry;
- recognize potential allergic reactions and other safety aspects in the use of cosmetic products;
- develop critical thinking about current trends and innovations in cosmetology.

15. Course content:

HISTORY OF COSMETOLOGY;
BASIC BRANCHES OF COSMETOLOGY;
ANATOMICAL-PHYSIOLOGICAL PROPERTIES OF THE SKIN;
CLASSIFICATION OF COSMETIC PRODUCTS, ADVERTISING AND PACKAGING;
DEVELOPMENT OF COSMETIC PRODUCTS: SCIENTIFIC BASIS, TECHNOLOGY, DEVELOPMENT TRENDS, QUALITY CONTROL;
BASIC PRINCIPLES FOR SELECTING SUBSTANCES IN THE PRODUCTION OF COSMETIC FORMULATIONS;
SUBSTANCES FOR THE PRODUCTION OF COSMETIC PRODUCTS: NATURAL, SEMI-SYNTHETIC AND SYNTHETIC SUBSTANCES;
LIPIDS, PROTEINS AND CARBOHYDRATES IN MODERN COSMETOLOGY;
ACTIVE AND AUXILIARY SUBSTANCES IN COSMETOLOGY;
METHODS OF PREPARATION AND PRODUCTION OF COSMETIC PRODUCTS;
LEGAL REGULATIONS FOR COSMETIC PRODUCTS.

16. Learning methods:

Lectures, seminar papers, interactive learning through workshops.

Students are required to attend lectures and actively participate in them, through discussions on the topic of the lecture. On a special form, the teacher will record the attendance and activity of students during the semester.

17. Assessment methods:

Activity - max. 10 points
Seminar work - max. 40 points
Final exam - max. 50 points

Seminar paper: during the semester, students present their seminar papers at agreed times.

The final exam will be held after the completed semester. It includes checking knowledge about certain types of cosmetic products, their production and methods of application. The exam is in the form of a written test.

18. Assessment components:

The final success of the student after all the foreseen forms of knowledge testing is evaluated and evaluated as follows:

- 10 (A)-95-100 - exceptional success without errors or with minor errors,
- 9 (B)-85-94 - above average, with some errors,
- 8 (C)-75-84 - with noticeable errors,
- 7 (D)-65-74 - generally good, with significant defects,
- 6 (E)-54-64 - meets the minimum criteria,
- 5 (F,FX)<54 - does not meet minimum criteria

19. Mandatory reading list:

Čajkovac M, Kozmetologija. 2.izdanje. Zagreb: Naklada Slap, 2005.
Mazić S. Kozmetologija II - Kozmetički preparati, Beograd, 2004.

20. Additional reading list:

21. Web sources:

22. Applicable from the academic year:

23. Adopted in the Faculty/Academy session: