SYLLABUS

1. Course title:

METHODOLOGY OF TEACHING PHYSICAL EDUCATION AND HEALTH CARE II

2. Code:

3. Cycle of study:

1

4. ECTS credits:

4

5. Type of course:

(●) Mandatory ( ) Elective

6. Prerequisites:

none

7. Class restrictions:

none

8. Duration / semester:

1 8

9. Weekly contact hours:

9.1. Lectures: 2

9.2. Seminars: 0

9.3. Laboratory/Practice classes: 1

10. Faculty:

Faculty of Humanities & Social Sciences

11. Department/study program:

TEACHER EDUCATION

12. Lecturer:

Dževad Džibrić

13. Lecturer's e-mail:

dzevad.dzibric@untz.ba

14. Web site:

www.ftos.untz.ba

15. Course aims:

- To enable students to perform a high quality curriculum and physical education program in the lower grades of elementary school.
- To provide students with the opportunity to perform the quality of physical and health education in the lower grades of elementary school.

16. Learning outcomes:

Students will be able to:
- introduce personal and school professional documentation;
- evaluate educational work in physical and health education;
- to know the elements of testing and assessment in physical and health education;
- spend a good time in physical and health education in regular classes of younger school age;
- understand students with special educational needs

17. Course content:

- Physical and physical education workloads
- Type of teaching lesson
- Internal organization of classes, forms and organization of work
- Methods of teaching in physical and health education
- Didactical principles
- Physical and health education programs
- Planning and Programming in Physical and Health Education in Younger School Age
- Control of the effects of physical and health education; Monitoring, checking and evaluating
- The game and its significance in the upbringing of younger school children
- Measures of security at the time of physical and medical education
- Characteristics in working with students with impaired health; Programs for students who are not working for health reasons
- Deformities in younger school children (preventive)
- Basic Hygiene Measures, Nutrition; Personal and general hygiene
- Intimidation, body mass index of younger school age children (obesity prevention)
- Injuries in physical exercise and first aid

18. Learning methods:

For the purpose of efficient teaching and achievement of the expected objectives of the course and the competences of the students, during the course and at the end of the semester there are planned activities of successful learning: concrete experience, observation and active experimentation. Teaching style taught in teaching: visual, auditory, kinesthetic, and teaching methods: lectures (theoretical instruction using multimedia resources, active learning and discussion techniques), practical teaching (exercises), colloquia.

19. Assessment methods:

The student is obliged to come regularly to lectures and exercises throughout the semester. In the presence of the lectures, the student earns 5 points, and for the presence of the exercises the student also earns 5 points. Students who have been excluded for more than three weeks from the course during the semester for justified reasons can not go to the final exam until they have compensated for missed classes. After half of the semester, students write a written test covering up to then, lectures and exercises. The test consists of 15 questions that score 1 point for each correctly answered question (max 15 points). After completing the semester, students put a second test in writing, consisting of questions related to the content of the lectures and exercises from the second part of the semester. The test also consists of 15 questions that score 1 point for each correctly answered question (up to 15 points). As part of the pre-requisites, students are required to prepare an individual seminar paper that will cover a specific topic from the content of the subject. The seminar paper is submitted to the subject teacher in writing and reviewed and then presented orally. For the seminar work, the student can achieve 0 to 10 points. The final exam is written. The right to attend the final exam are students who have realized the anticipated obligations. On the final written exam, 25 questions from the program of lectures and exercises are handled. The exact maximum number of points a student can achieve on an oral exam is 50. Checks on all forms of knowledge are recognized as a cumulative exam if the result is positive after each individual check and is at least 50% of the total of the predicted and / or required knowledge and skills. In order for a student to pass the subject, he must have a minimum of 54 cumulative points, of which at least 25 are on the final exam. The assessment of the exam is based on the total number of points the student has obtained by fulfilling the pre-requisites and passing the exam according to the quality of the acquired knowledge and skills, and contains a maximum of 100 points and is determined by the scale as follows:

Student Obligations Points

Attendance at lectures- 5 Attendance at Exercises 5 Seminar 10
Partial tests 30
Total prepayments 50
Final Exam 25-50

20. Assessment components:

The concise grade is formed in relation to the total number of points achieved during the semester, ie the pre-requisites and the final exam itself.

BORDERS FINAL EVALUATION
<53 five (5); does not satisfy; F
54-63 six (6); sufficient; E
64-73 seven (7); good; D
74-83 eight (8); very good; C
84-93 nine (9); outstanding; B
94-100 ten (10); excellent; A

21. Required reading list:

Findak, V., Neljak, B., Šafarić, Z. (2000). Kineziološka metodika – vježbe. Zagreb: KIF.
Najšteter, Đ. (1998). Kineziološka didaktika. Sarajevo: FMON.
Neljak, B. (2011). Opća kineziološka metodika. Zagreb: KIF.

22. Web sources:

23. Applicable starting from the academic year:

2022/23

24. Adopted in the Faculty/Academy session: