SYLLABUS

1. Course title:

Psychology of family and parenting

2. Code:

3. Cycle of study:

1

4. ECTS credits:

6

5. Type of course:

(●) Mandatory ( ) Elective

6. Prerequisites:

none

7. Class restrictions:

none

8. Duration / semester:

1 6

9. Weekly contact hours:

9.1. Lectures:	3
9.2. Seminars:	0
9.3. Laboratory/Practice classes:	2

10. Faculty:

Humanities and Social Sciences

11. Department/study program:

Psychology

12. Lecturer:

13. Lecturer's e-mail:

14. Web site:

www.ff.unitz.ba

15. Course aims:

Through this course students will be trained for better understanding basic determinants in family dynamics and mechanisms of its functioning. students will update their understanding about the family role for individual development, as impossibility to observe an individual without knowledges in his family dynamics. also, this course has an aim to improve strategies for family preserves and to cope with most common problems that families cope in modern society.

16. Learning outcomes:

Durring this course students wil have a chance to learn more about development premarital and marital relations, marriage determinates as stability and quality, sexuality, jealousy, infidelity, marital crises, and divorce, and violence in family context. Also, students will learn more about most important parental determinants, the role of mother and father, specificity of one-parent families, needs and characteristics of working parents children, and growing in one-parent families and coping with parents death. special intention will be directed on violence against children in family context and specific parental transformations in growing up process. These informations will help students to be able to make a difference between functional from dysfunctional family and positive from negative family styles . the main aim is to make students prepared to develop steps of advisory work and interventions in order to help dysfunctional family systems to be more effective in copping with their problems.

17. Course content:

- development of premarital relations
- marriage and determinants of marital relations
- intimate marital processes and comunication
- correlates of love
- marital fidelity
- sexuality
- individual aspects of marriage
- marital stability , -quality, conflicts, infidelity, divorce
- parenting - motherhood and fatherhood, single parenting
-Deaath of a parent
-violence against a child in family environment
effective measures in improving family stability
- improving parenting

18. Learning methods:

Course content is realized through following:
-Lectures
- Practice classes
In the realization of lectures and practice classes the following teaching methods are used: oral presentation, dialogue method, demonstration and illustration, writing and reading.
The following instruction forms will be used: frontal, group, pair and individual assignments.
The following learning forms will be used: experience, organizational and self-regulated learning.

19. Assessment methods:

Knowledge assessment will be carried through:

-Written parts of the exam (two times during the semester)
-Written/oral exam

Written exams will be conducted during the semester (in the middle of and at the end of the semester). Questions in the written exam part can be in the form of essay and objective tests. Achievement on the written exams is a part of the student's performance assessment. during the semester
Knowledge assessment is carried out in the final, retake and final retake exam in the written and oral form. The final exam can be taken by students who have finished and verified their semester and finished all pre-exam tasks during the semester (written exam parts and other pre-exam activities).

20. Assessment components:

- lectures attendance 5 points
- practice class attendance 5 points
- individual class activities 20 points
- written exam parts 20 (10+10) points

Maximum amount of points before the final exam 50 points

- final exam 50 points.

Maximum amount of points: 100. The final grade is formed in respect to the following scale:

54-62 points grade six (6)
63-72 points grade seven (7)
73-82 points grade eight (8)
83-92 points grade nine (9)
93-100 points grade ten (10)

21. Required reading list:

1. Čudina – Obradović, M. (2006): Psihologija braka i obitelji; Goldenmarketing, tehnička knjiga, Zagreb
2. Efendić-Spahić, T. (2014): Psihologija roditeljstva; Društvo psihologa u FBiH, Sarajevo
3. Masters, W.M.; Johnson, V. E.; Kolodny, R.C.(2006): Ljudska seksualnost. Naklada Slap, Jastrebarsko
4. Dattillio, F.M. (2012): Kognitivno-bihevioralna terapija parova i obitelji. naklada Slap, Jastrebarsko

22. Web sources:

23. Applicable starting from the academic year:

2022/23

24. Adopted in the Faculty/Academy session: