

SYLLABUS

1. Course title:

Introduction to work psychology

2. Code:

(max. 20 characters)

3. Cycle of study:

1

4. ECTS credits:

5

5. Type of course: Mandatory Elective**6. Prerequisites:****7. Class restrictions:**

Third year student of the Psychology department

8. Duration / semester:

1

6

9. Weekly contact hours:

9.1. Lectures:

3

9.2. Seminars:

0

9.3. Laboratory/Practice classes:

1

10. Faculty:

Faculty of Humanities and Social Sciences

11. Department/study program:

Psychology

12. Lecturer:

prof.dr. Elvis Vardo

13. Lecturer's e-mail:

elvis.vardo@unitz.ba

14. Web site:

www.ff.untz.ba

15. Course aims:

Introduce students to psychological and physiological foundations of human activities that are related to work; with the social framework of work and main approaches in productivity increase, job security and satisfaction.

16. Learning outcomes:

Based on teaching content and set aims students will be able to:

- Give contribution to general competence in understanding psychological determinants of different work related problems such as issues of individual differences in job performance assessment, internal and external factors which influence the work process.
- Attain foundations for selecting and following advanced applied psychology courses

17. Course content:

- Importance of work in an individual's life.
- Human's work activities: Physiological and psychological aspects of work. Physical work. Intellectual work.
- Individual differences and work performance: the role of abilities, skills, knowledge and motivation
- Adjustment of work to humans: formation of workplaces and work conditions.
- Factors which influence the work ability during the working day, week and year. Circadian rhythms and shift work. Personnel age and work ability.
- Work fatigue. Fatigue theories. Fatigue prevention. Rest.
- Work stress
- Lethargy and boredom at work. Forming work in lethargy prevention.
- Psychological problems of workplace accidents.
- Ergonomics: interdisciplinary approach to workplace humanization.
- Social work context: nature and characteristics of modern organizations.

18. Learning methods:

Course content is realized through following:

- Lectures
- Practice classes

In the realization of lectures and practice classes the following teaching methods are used: oral presentation, dialogue method, demonstration and illustration, writing and reading.

The following instruction forms will be used: frontal, group, pair and individual assignments.

19. Assessment methods:

Knowledge assessment will be carried through:

- Written parts of the exam (two times during the semester)
- Written/oral exam

Written exams will be conducted during the semester (in the middle of and at the end of the semester). Questions in the written exam part can be in the form of essay and objective tests. Achievement on the written exams is a part of the student's performance assessment. during the semester

Knowledge assessment is carried out in the final, retake and final retake exam in the written and oral form. The final exam can be taken by students who have finished and verified their semester and finished all pre-exam tasks during the semester (written exam parts and other pre-exam activities).

20. Assessment components:

- lectures attendance 5 points
 - practice class attendance 5 points
 - individual class activities 20 points
 - written exam parts 20 (10+10) points
- Maximum amount of points before the final exam 50 points
- final exam 50 points.

Maximum amount of points: 100. The final grade is formed in respect to the following scale:

- 54-62 points grade six (6)
- 63-72 points grade seven (7)
- 73-82 points grade eight (8)
- 83-92 points grade nine (9)
- 93-100 points grade ten (10)

21. Required reading list:

1. Petz, B. (1987). Psihologija rada, Zagreb, Školska knjiga
2. Kroemer, K.H.E. i Grandjean, E. (1999). Prilagođavanje rada čovjeku, Jastrebarsko. Naklada Slap

22. Web sources:

www.eawop.com
www.siop.org

23. Applicable starting from the academic year:

2022/2023

24. Adopted in the Faculty/Academy session:

(max. 10 char.)