# SYLLABUS

**1. Course title:**

Introduction to psychology of mental disorders

**2. Code:**

**3. Cycle of study:**

1

**4. ECTS credits:**

5

**5. Type of course:**

(●) Mandatory ( ) Elective

**6. Prerequisites:**

none

**7. Class restrictions:**

none

**8. Duration / semester:**

1 3

**9. Weekly contact hours:**

| | |
|---|---|
| 9.1. Lectures: | 3 |
| 9.2. Seminars: | 0 |
| 9.3. Laboratory/Practice classes: | 1 |

**10. Faculty:**

Humanities and Social Sciences

**11. Department/study program:**

Pedagogy-Psychology/PSYCHOLOGY

**12. Lecturer:**

Ljubica Tomić Selimović

**13. Lecturer's e-mail:**

ljubica.tomic@unitz.ba

**14. Web site:**

http://www.unitz.ba/; http://www.ff.untz.ba/

**15. Course aims:**

a) Introducing students:
- with the concept of mental disorder and the criteria for distinguishing them from normalcy and mental health
- with the criteria for the classification of mental disorders and the presentation of disorders in contemporary classifications of mental disorders
- with terminology describing mental disorders
- names of psycho-pathological symptoms and syndromes
- with the clinical picture, course and epidemiology of anxiety and neurotic disorders

b) Training of students:
- to distinguish mentally healthy from disordered behavior as well as to recognize individual categories of mental disorders
- to master the terminology used to denote psycho-pathological symptoms and syndromes.
- to adequately approach to person with mental disorder, develop basic communication skills and develop the ability to perceive signs of mental disorder in the behavior of these individuals
- to develop differential-diagnostic reasoning in distinguishing disorders.

**16. Learning outcomes:**

At the end of the course, the student is expected to be able to:
- defines and applies the criteria of mental disorder and mental health on a concrete example;
- to know the criteria for classifying mental disorders and the principles on which contemporary classifications of mental disorders are based;
- to recognize, define, adequately name the certain symptoms and syndromes of mental disorders, know the distinctions between them, as well as to know in which diagnostic category of disorders the certain symptoms and syndromes are represented
- to recognize certain categories of disorders, to know the criteria for their classification, to distinguish similar categories based on their distinctive features, has information on the course, outcome and epidemiological characteristics of the disorder.

**17. Course content:**

Introduction to psychopathology; Psychiatry, psychopathology, psychology - definition, terminology and interrelationships;
History of psychopathology; Difference between"normal - abnormal" behavior - Criteria of normality/abnormality;
Models of abnormal behavior
Classification systems (DSM V, ICD 11);
Symptoms and syndromes in psychopathology;
Psychomotor disorders;
Perception disorders;
Attention Disorders;
Thought disorders: Formal thought disorders; Content thought disorders;
Memory disorders;
Intelligence disorders;
Disorders of consciousness;
Depersonalization and derealization disorders;
Affect disorders;
Impulse control disorders;
Disorders of the will;
Practical classes (study research work):
Practicing recognizing psycho-pathological symptoms and syndromes on examples of disorders.
Reviews and discussion of video material with psycho-pathological content. Practicing to distinguish between certain categories of disorders. Assessment of mental status

**18. Learning methods:**

Lectures and practical classes with the use of various multimedia teaching aids, including active participation of students.
In lectures and practical classes will be used:
- the method of oral presentation, method of demonstration and illustration, seminar discussions, interactive teaching methods.
- analysis of case studies and video materials with psych-pathological contents
- practical exercises

**19. Assessment methods:**

a) Written Exam
b) Oral Exam

The written exam includes written knowledge assessment (objective and essay tests). Assessment will be realized through questions and answers regarding the course content. It will be done after the realization of planned lectures. Minimum number of points for passing the written exam is 24 (more than 60%).
Oral exam is meant for students with minimum number of points in the written exam (24).
Written exam
Written exam follows after the end of the course. Students will be presented a combination of essay and objective questions. Students who pass the written exam (achieve 24 to 40 points), gain conditions to take the oral exam. Students can earn a maximum of 40 points in the written exam. Minimum number of points required to pass the exam is 24.

Oral exam
Oral exam will include questions and students' answers regarding the course content and it will last for 15 to 30 minutes. Maximum number of points that can be earned in the oral exam is 10. Minimum number of points required to pass the exam is 6.

Pre-exam points amount to a total of 50 points (20 points for attendance and active in-class participation, 20 point s for the individual project and 10 points for the group project). By fulfilling all of their requirements, students can thus earn a maximum of 100 points.
The points count towards the final grade cumulatively if students score at least 60% points on the final exam (written and oral exam).
In order for students to earn the minimum passing grade, they need to score at least 54 cumulative points, of which at least 24 on the final exam. The final grade is formed as a sum of all points earned in-class and the final exam.

Exchange of any belongings between students is not allowed during the written exam. Students caught cheating or talking to others will be removed from the exam.

**20. Assessment components:**

Attendance in lectures and practical classes: 5 points
Active participation in lectures and practical classes: 15 points
Individual project: 20 points
Group project: 10 points
Final written exam: 40 points
Final oral exam: 10 points
Total points: 100
The following is the grading scale, showing the points, numerical grade, descriptive grade and letter grade:
0-53 5 (five) fail F
54-63 6 (six) satisfactory E
64-73 7 (seven) good D
74-83 8 (eight very good C
84-93 9 (nine) excellent B
94-100 10 (ten) outstanding A

**21. Required reading list:**

- Begić, D. (2014). Psihopatologija. Zagreb: Medicinska naklada
- Davison GC, Neale JM. Psihologija abnormalnog doživljavanja i ponašanja. Odabrana poglavlja. Jastrebarsko, Naklada Slap, 1999.
- Karlović, D. i sur. (2019). Psihijatrija. Jastrebarsko, Naklada Slap.
- Kaplan, I. i Sadock, B.J. (1998). Priručnik kliničke psihijatrije. Jastrebarsko, Naklada Slap.
- Kring, A. M., Davison, G.C., Neale, J.M., & Johnson, S.L. (2013). Abnormal Psychology DSM-5 Update, 12th Edition, New York: John Wiley & Sons, Inc. (odabrana poglavlja)
- American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders: DSM-5. Washington, D.C: American Psychiatric Association.

**22. Web sources:**

www.myhelpinglab.com
https://www.psychiatry.org/psychiatrists/practice/dsm/educational-resources/assessment-measures

**23. Applicable starting from the academic year:**

2022/2023

**24. Adopted in the Faculty/Academy session:**